

## **Contemplation: Finding God in the Ordinary**

God is present in every moment of our lives. Our task is to learn how to pay attention and recognize the Divine. During this month we will seek to follow Jesus' direction to become like little children that have eyes that see and ears that hear.

[Mindfulness; Contemplative Living...]

**Dates & Times:** Wednesdays Nov. 15, 29, Dec. 6, & 13 3:30 - 5:00 pm.

## **Reading Scripture with Our Minds and Hearts**

Reading the sacred scriptures of Christianity (Yes, there are more than one) requires an open intellect and heart that leads us on an exciting journey of discovery; first, of who God is and, then how we are to be in relationship with God.

[Challenge of reading scripture, Lection Divina...]

**Dates & Times:** Wednesdays Jan. 10, 17, 24, & 31 3:30 - 5:00 pm

## **Prayer: Cultivating Intimacy with God**

An intimate relationship with anyone requires frequent heart-felt communication that sometimes comes in the form of words, sometimes silent presence. The same is true with God. During this session we will listen to what Jesus had to say about prayer and explore and experience different ways to pray.

[Contemplative prayer; prayer walking & the labyrinth....]

**Dates & Times:** Wednesdays, Feb. 14, 21, & 28. 3:30 - 5:00 pm.

## **See How See How They Love One Another: Christian Community**

Since Jesus gathered a small group around himself, community has been a vital aspect of following the way of Jesus. We were never meant to make this journey alone. Actually, we cannot. Yet, how are we as individuals able to come together in a life-giving, compassionate, honest community that will both affirm and stretch us? That will be the question we will seek to answer during this session.

(Reconciliation; Peace-making; Hospitality )

**Dates & Times:** Wednesdays Mar. 7, 14, 21, & 28 3:30 - 5:00 pm

## **To Love As I Have Been Loved: The Call To Compassionate Service**

The invitation to follow the way of Jesus, the encounter of the Divine is certainly a personal experience, but it was never meant to be private, locked away in our hearts and spirits. Rather, we are called to love and serve others as we have been loved and served by the Holy. We will explore how we are being invited to share our God-given talents with a world much in need, yet not become depleted ourselves.

[Compassion; Following the Path; Servant Heart .....]

**Dates and Times:** Wednesdays April 11, 18, 25, & May 2 3:30 - 5:00 pm

